MORE AT DAILYRECORD.CO.UK

Fisherman dies at sea A FISHERMAN has died

after a falling overboard

off the Summer Isles in

He was one of two

people aboard a Loch

Ewe-based creel boat

when the accident happened at 10.40am on

Tuesday. His shipmate

Plane crash

A PILOT and a passenger

small plane crash-landed. The Zenair 601 flying

from Bute came down ir

a field near the B7045

Road in Avrshire.

Hoggs Corner to Straiton

Both occupants were

ecovered the body.

survivors

had a lucky escape

yesterday after their

Wester Ross.

DAILY RECORD Thursday, May 15, 2014

so perfect that I was hooked and it really

"I'd be changing into my walking gear

fed on itself and became an obsession

in the office and heading out for three

or four-hour drives when everyone else

AUTHOR CONQUERED MUNROS IN THE DARK

explained: "I was surprised at how well the first one went. It was funny because the second journey was the

but, because of that first trip, I knew that if you got the weather and the timing right, it was perfect.

"At first people thought I was mad but then they all just wondered where I was off to next.

"It was amazing, you would get there in the middle of the night in the dark and, as you climb the mountain, you've got this present in the wrapping paper waiting for you and the fun of opening it at the top when dawn opens out ove the ridges and there is no one else out there – it's just sensational."

Raised in Dundee's Blackness area, Alan's earliest encounter with the great outdoors revolved around a trip to the hills with the Scouts.

But as an adult, he discovered the joys of mountaineering when he found that the combination of a busy family life, working away from home six days a week and night-time shift patterns left him with a lot of time to kill on his own. Alan took to the hills slowly but soon

fell in love with the high-altitude lifestyle He began his moonlight quest in 1994 and set out for the twin Munros of Stob a'Choire Mheadhoin and Stob Coire Easain in the West Highlands. He

total opposite. "The third one wasn't great either

"And most of them were good ones such as sitting up on Ben Hope at half three in the morning looking out to the sea, which was just fantastic

"My original idea was that I would leave work, drive to the mountains and then get some sleep in the car but, usually by the time I got there, it was so beautiful I couldn't sleep, If you have I would just head on up. troubles

"I'd then be back down in the morning to see everyone else walking the other way up there and giving me funny looks. That happened a lot. Sometimes I'd get a nap in the car afterwards or

stop on the way back home "But it worked out well

because by the end of my walks - and my journey back home - I would be so tired that I would

get an amazing sleep the next night." Living near Dundee with his wife Alison and two daughters, Claire, now 32, and Lucy, now 27, Alan worked at the Record offices in Glasgow, so he would stay in the city during the week returning home at the weekend. That meant his strange hours didn't interfere with his family life - but it also meant that, at first, Alison was in the

dark about his trips. Alan said: "I didn't tell her for a long time because I didn't think it was fair

AFTER 5 YEARS He hit stranger for urinating in garden **DAVE FINLAY** garden". Hendry, 34, then ounched Edward, who fell A SHOOTING victim was o the ground bleeding. brought to justice He tried to force the taxi vesterday five-and-ato drive off with Edward but Iacob called 999. claiming

ONE-PUNCH

KILLER GUILTY

half years after killing a stranger with a single punch. James Hendry thumped drunken Edward Dooley on the head for urinating in his

ex-wife's garden. Hendry – who was injured in a pub shooting that killed an Edinburgh boxer – told a taxi driver: "Get him in the f***ing car or you will end

up like him. Prosecutors thought there charge him with murder death. But they decided later to prosecute him for culpable homicide

Road, Edinburgh, yesterday someone was "p***ing in the McKinnon.



admitted killing the 54-year

was insufficient evidence to urinating in the bushes in QC continued bail until over the October 2008 taxi arrived with Jacob and James Hendry."

Hendry, of Howden Hall in an angry voice that life of boxer Alexander



He later told police he knew nothing about Edward being outside the house. Edward suffered skull and spine fractures and internal

Edward had been "hit by a

Hendry went to a snooker

nall and stayed there until

Judge Michael O'Gradv

Hendry was wounded in

car or something".

closing time.

Prosecutor Alex Prentice bleeding. His injuries were QC told the High Court in not survivable. Edinburgh: "Edward was front of the house when the sentencing this month. a shooting at the Marmion



SEVENTY jobs are to go at a world-renowned Scottish farming and environmental research centre.

Cuts in Government funding to the James Hutton Institute in Invergowrie, near Dundee, have left them with a £1.8million deficit.

EXPEDITION HOW >> BRIAN McIVER

vas going home

EVERYONE has their own way of winding down after a hard shift at work.

For most of us that means a pint, a book or a seat in front of the television. For Alan Rowan, it's a climb to 3000ft above sea level in the middle of the night.

For more than a decade, the dedicated mountaineer and hillwalker lived a double life away from his work and his family - by day he was a busy journalist and by night he became the Munro Moonwalker, scaling the country's highest hills while the rest

of us slept. And he has just told his amazing story in the new book Moonwalker.

Alan, 59, is a former sports editor of the Daily Record and, when he had finished a busy night putting the paper together, he would swap his suit and tie for his waterproofs and a head-torch, drive for hours into the Highlands and climb, arriving at the top just in time for sunrise.

He said: "I was working at nights and not getting enough time in the day to get up to the hills, so the idea just came to me to try going up after work. "I would finish work at midnight and

be so full of adrenaline from a busy night on the paper that I couldn't get to sleep, so I thought I'd give it a try.

"The very first time, everything was



old dad of two in Loanhead, Midlothian.

He said the brothers had bar in Gracemount, been drinking and one said Edinburgh that claimed the



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In the dead of night, journalist Alan Rowan travelled the country scaling peaks to watch the sun rise from each summit. Here, he reveals the highs and the lows of his high-altitude quest

MORE AT DAILYRECORD.CO.UK

or if you're

working

hard, this

is a stress

buster

on her. There's no way she would get a

good night's sleep if she thought I was half way up a mountain in all kinds of weathe

"My wife isn't a climber or walker so while safety is always paramount and while I would never do anything daft, it's hard to get that across to people who don't do it.

"She was speechless but she just ealised that I know what I'm doing. She is reading the book just now – I'll get ner review when she is done.

Alan's favourite Moonlight Munro remains his first. The last, though, when

he finally completed Munro No284 seven years later - becoming the 2433rd complete Munroist by getting to the top of Am Faochagach just south of Ullapool - was an anti-climax.

"Working towards the Munros was the thing. You have so many fantastic days on the way there that you just want more of them. "My favourite Munro

is definitely Buachaille Etive Mor at Glencoe. "This is the mountain that sparked

my interest in the whole thing and it's where we take people who want to get started - if you don't enjoy walking up t, you should try something else.

The gorgeous setting is also home to ome tragic memories for Alan. The book is dedicated to his climbing ouddy and former Daily Record colleague Fergus Wyllie, who scaled many a mountain with Alan but sadly lost his fight with cancer earlier this

vear. And there is also a special mention for another former colleague and friend, Trevor Walls, who died almost 10 years ago on Buachaille Etive Mor, while making a moonlight climb of his own.

Skilled climber Trevor fell after making a secret ascent to plant a bottle of Champagne at the peak to surprise Alan on his 50th birthday trek.

Trevor is never far from the uthor's mind. Alan said: "Every year we walk up and pour a nip of whisky into the stream and have a minute's silence.

"I'm always mindful of stories like that and I'd never say to anyone that night walking is a good idea.

["]It was for me at the time but you have to be very prepared and experienced and

we don't take daft chances." Alan honours his friends with his continued adventures in the hills and said he still loves every minute.

Having completed more than 1000 peaks in less than 20 years. Alan is still active and, now a part-time lecturer, author and grandfather, he spends as much time as he can out there.

"It makes me feel good, it gives me time to think and, if you have any troubles or if you're working hard, this s a stress buster.

"You get a nice tiredness – you feel like you can get a rest because your mind's not racing.

"Also, it's the most beautiful country n the world, even in bad weather, anď it's always different.

"You just can't beat it." Moonwalker: Adventures of a Midnight Mountaineer by Alan Rowan is out now on BackPage Press.



Clockwise from left, Alan at the top of his last Munro, his friend Trevor Walls, and with climbing pal Fergus Wyllie

CONQUERORS

EXPLOITS Author Ala Rowan at Glencoe with nis new book loonwalke